



RossWoods
ADULT DAY SERVICES

Providing safety, nursing care, personal care, and therapeutic activity programs during the day in a home-like setting.

Serving Whitfield, Murray, Gordon, Catoosa, and Walker Counties

1428 Ross Drive, Dalton 30720 • Phone: 706-270-9628 • June 2010

RossWoods strengthens its commitment to participant safety

RossWoods is pleased to announce that it has installed an advanced location monitoring system that alerts staff whenever a participant accidentally wanders into a checkpoint zone or attempts to leave the building. The RossWoods leadership team set out to locate a monitoring system which provided optimum participant safety, participant dignity and peace of mind for the caregiver. Carla Jones, RN, Executive Director said, “We found all three features in the real-time, wireless participant monitoring system designed and installed by Lost Recovery Network, Inc. (LRNi) of Vidalia, Ga. This was due in part to the willingness of LRNi to create an alert system which met the high standards of safety set by the RossWoods staff not by industry standards or vendor promises.”

Every RossWoods entry way is now secured by the LRNi system. Each location features a highly accurate, wireless antenna engineered to recognize a participant badge in real-time, announcing when a participant approaches a checkpoint zone or



Carla Jones, RN, Executive Director and Louis H. Thompson, Jr., President and CEO of LRNi review last minute updates while Doug Williams, Vice President, looks on.

opens an exit door. “The system is completely concealed and participants are not bothered by cumbersome bracelets or other identifying features,” stated Louis H. Thompson, Jr., President and Chairman of LRNi. “It has been a rewarding experience to partner with the RossWoods staff and to provide a non-intrusive alert system which gives everyone peace of mind.”

Families can be assured that RossWoods is a leader when it comes to safety for the participant and peace of mind for the caregiver.

Happy Father’s Day!



Delonda Tippens and her father-in-law, JL Tippens, share a special moment at RossWoods.

What Makes A Dad

God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,
The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle’s flight,
The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so, He called it... Dad

– Author Unknown

A Daughter, Now A Mother Says “Thank You”

Written by Susie Harrison

The first thing I think of when I think of RossWoods is love. Love for people no matter what. My mother was at RossWoods for 8 years until she passed away in February 2009. Sometimes my mother would be upset when she walked into RossWoods,

but when the staff greeted her with a hug and good morning, a big smile would come across her face. That’s the memory I will never forget.

continued next page

Nicole and Susie Harrison are all smiles.



The Power of Touch at RossWoods

Touch is one of the most basic human needs and remains constant for a lifetime. Touch, in the form of sensitive massage or attentive holding, has the power to ease physical, emotional, and spiritual discomfort. Sometimes we overlook the need for touch as people age which can easily be remedied with a 5-minute hand massage.

Massage is one of the best free gifts you can give someone. Here are some simple steps to follow to give a gentle 5-minute hand massage

First ask for permission before you touch.

Hold the hand creating a connection helping the person become connected and focused.

Apply hypoallergenic massage lotion. Give each of the fingers a few gentle squeezes from the base of the fingertips, pausing periodically to



make circular motions. Turn the hand over and make tiny circular motions on the palm of the hand with the thumbs and massage the soft, fleshy areas on the palm.

Finish, by thanking the person while holding both hands and sharing eye contact.

*(Note: Please wash your hands before and after. Use caution and proceed with care being mindful of any conditions that contraindicate even gentle hand massage.) *Adapted from the article 'The Healing Power of Touch' by Ann Catlin, OTR, LMT published in the April 2010 issue of Provider.*

Daughter/Mother

continued

Knowing God placed the staff at RossWoods to take care of my mother when she was alive, and now my daughter, who is disabled from a car accident, is the most important thing to my family. My daughter feels the same way as my mother felt. She has that same smile on her face when I pick her up. It is called Happiness.

There are not enough words to express how much my family appreciates the staff at RossWoods for all the love and care they gave my mom and now Nicole. If it were not for RossWoods, my sister and I believe that we would have had to give up our jobs to care for our mother and my daughter. First as a daughter and now as a mother, I say thank you.

North Georgia Talking Book Outreach Center

By Jackie Atkins

Recently I visited Ross Woods Adult Day Services and was truly amazed at their beautiful facility and level of services they provide to their participants. Even more, I was excited to have the Talking Book program included in their activities. The Talking Book program is FREE to any qualified applicant including the blind, visually impaired, physically challenged and the reading disabled. Anyone who cannot read large print or hold a book is eligible.

The exciting news about Talking Books is the new digital players are now available! Anyone who is currently active in Talking Book can simply call the toll free number 888-263-0769 to request the digital player and books on disk. These are checked out in addition to the

cassette players. The new digital players have a USB port to enable downloads saved to a flash drive to be used as well as titles available on disk. The digital titles are limited for now, so we recommend continuing to receive cassettes until later this year when funding for the cassettes is transferred to the digital format. For more information about The North Georgia Talking Book Outreach Center please contact Jackie Atkins – Outreach Services Coordinator.



Jackie Atkins, Outreach Services Coordinator for North Georgia Talking Book Center, and Bart make plans for the new digital player.

Email: jatkins@chrl.org

Toll free: 888-506-0509 or 706-638-1958

Website: www.chrl.org/tbc/tbc1.htm

To schedule a FREE Trial Visit — Call: 706-270-9628 or 1-800-509-0209

A special **Thank You** to the following:

Thanks to:	for:
Sr. Adult Sunday School Class at Varnell Methodist.....	Bingo Prizes
Ann Mayne.....	Magazines & Exercise Bike
Jane & Pleas Smith.....	Stuffed dolls & puppy
Ann Warren.....	Yarn & Crochet Needles
Bob Oxford.....	Electric leaf blower
First Methodist Bountiful Blankets.....	Blanket & scarves
Kathy Fox.....	Bingo prizes & tapes

In Honor

The following have been honored with a gift to Rosswoods

In Honor of:	by:
Mr. Norman Burkett.....	Virginia & Sid Abernathy
Ann Mayne.....	Kal & Kathryn Kelehear
Selma Moryl.....	Virginia & Sid Abernathy

RossWoods Wish List

Sunglasses for everyone

Bingo prizes for men

In Memory

The following have been remembered with a gift to RossWoods. Our sincere condolences go out to those who have lost a loved one.

Memorials for:	by:
Dee Ette Ashworth.....	Virginia & Sid Abernathy
Earl Bennett.....	Ms. Ivan Strain
Irene Bowen.....	Bob & Dixie Kinard
Ann Bradley... Donna Barclay, Ron & Brenda Griffin, Virginia & Sid Abernathy, Ms. Ivan Strain, Pediatrics of Dalton, Joanne & Marvin Lewis, Ida & Tom Minor III, Carole & Carl Rollins, Dixie & Mike Clark, Charles & Sarah Maret, Jim & Betty Ann Chamblee, Dr. & Mrs. James C. Blackwell, DeForrest & Eugenia Parrott, Looper Speech & Hearing, Dr. & Mrs. Don R. Thomas, Sis Brown, Fleta Parks, Dr. & Mrs. Roy Farrow, Mrs. Peggy Seward, Mr. & Mrs. Jim Reich, Erwin Mitchell, Charles & Laura Allgood, Glenda & Brooks Rizer, Mr. & Mrs. Roger Williams, Linda W. White, Sara Ann Masters, Jane & Pleas Smith, Mr. & Mrs. Frank Thomason, Francis Marion & Sumter Supervisor's Office	
Martha Cook.....	Ron & Brenda Griffin
Marcille Crutchfield.....	Ron & Brenda Griffin
Robert Gallmon.....	Iris Adams
Mr. Marvin Green.....	Virginia & Sid Abernathy
Herman Kuster.....	Kal & Kathryn Kelehear
Juanita Miller.....	Mary Lou Payne Barbara Beaver
Debra Sikes.....	Donna Barclay Kal & Kathryn Kelehear
Cecile Tuck.....	Ron & Brenda Griffin
Art Taylor.....	Virginia & Sid Abernathy
Wylene Turner.....	Virginia & Sid Abernathy

Important Notice

The Center will be closed
the following holidays:

Monday, July 5th
Fourth of July

Monday, September 6th
Labor Day

Thursday, November 25th
Thanksgiving Day

Friday, December 24th
Christmas Day

Please note these dates on your
calendar. -Thank you.

**Call to schedule a Free
Caregiver's Time Out:
2nd Tuesday of every
month from 3PM to 7PM.**

Memorials, Honoraria, and Gifts

I want to support the work of RossWoods in the following way...

Make checks payable to:

RossWoods, P.O. Box 307, Dalton, GA 30722-0307

Your gift is tax deductible



RossWoods
ADULT DAY SERVICES

Name _____

Address _____

City _____ State _____ ZIP _____

In Memory of _____

In Honor of _____

Acknowledge To _____

Address _____

City _____ State _____ ZIP _____



RossWoods
ADULT DAY SERVICES

PO Box 307
1428 Ross Drive
Dalton, GA 30720

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Dalton, GA
Permit# 309

The Fundraising Steering Committee has worked very hard to raise funds for the new facility! Please help us reach our goal by sending your **tax deductible gift** to:

RossWoods, PO Box 307
Dalton, GA 30722

Fundraising Steering Committee:

Joe & Nanette Yarbrough, *Chairpersons*
Murray & Rosemary Bandy
Vance & Jenny Bell
Bryan & Debbie Macon
Dewey & Susan Reams
Tommy & Diann Thompson

ADDRESS SERVICE REQUESTED

RossWoods
ADULT DAY SERVICES

Carla Jones, RN, *Executive Director*

Board of Directors

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Joe Yarbrough
Nanette Yarbrough

Building Committee

Joe Yarbrough, *Chairman*
Kenny Morton, *Project Manager*
Debbie Macon
Tommy Thompson

Upcoming Events

- The Next Step Early Memory Loss Group will meet at the OakWood Café at 6:30 pm on Monday, June 14, 2010. Call Laurie Parker at 706-270-9628 for more details.
- The Dalton Parkinson Support Group will meet Tuesday, June 15, 2010 at RossWoods at 6 pm. Please call Ann Mayne for more information at 706-278-7917.
- Certified Volunteer Training will be held on Friday, June 18, 2010 at RossWoods starting at 9am. Please call Laurie Parker for an application and to register. 706-270-9628
- Caregiver Support Group will meet Tuesday, June 29, 2010 at RossWoods from noon to 1 pm. A light lunch will be served. All caregivers are invited. Call Laurie Parker at 706-270-9628 or Marnie Dodd at 706-423-0888 for more information.

Call Laurie for a tour of RossWoods and the new Therapy Garden today! 706-270-9628



Diane Hedrick, Program Coordinator, Nicole and Belinda find an interesting moth on the new patio.

